

Tying The Obi (Belt)

The diagram that follows is the correct way to tie the belt (obi). When finished, both ends of the obi are the same length and hang downward. Once the knot is tightened, the outer portions of the belt behind the knot should be pulled tight, the left to the left and the right to the right, to secure the knot. If tied properly your obi will not come undone until you untie it. Your obi should be worn loose enough so that it will slide over your hips.

